

A LITTLE GUIDE: HOW TO MAKE A SIMPLE CD FOLIO

When starting out in album making it's best to start with a small project to help get the techniques down before jumping into a larger project with more expensive materials.

This guide will walk you through the steps to creating a simple single CD folio that you can use to give CD/DVD's to clients, friends or family in lieu of a paper or plastic sleeve.



MATERIALS NEEDED:

- Board for covers - Davey board, illustration board, chipboard, medium weight matboard
- Fabric or decorative paper for cover
- Ribbon for ties (optional)
- PVA Glue or white craft glue such as Sobo (or other adhesive of your choice)
- Wheat Paste to mix with PVA (optional)
- Paper/photo for inside cover
- 1 sheet bond (printer) paper for spacer
- CD Button/holder of some sort
- Wax paper
- Waste paper for gluing on

TOOLS NEEDED:

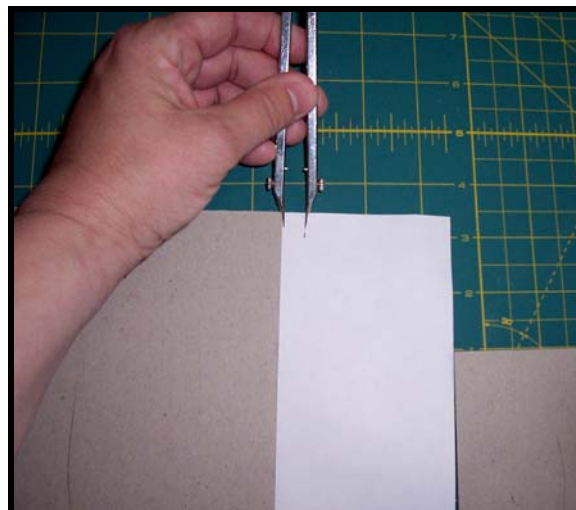
- Ruler
- Craft Knife (I like the ones with the snap off blades)
- Scissors
- Bone Folder (Can be purchased at any craft/scrapbooking store—not necessary but handy)
- Brush for gluing
- Board & weights or book press

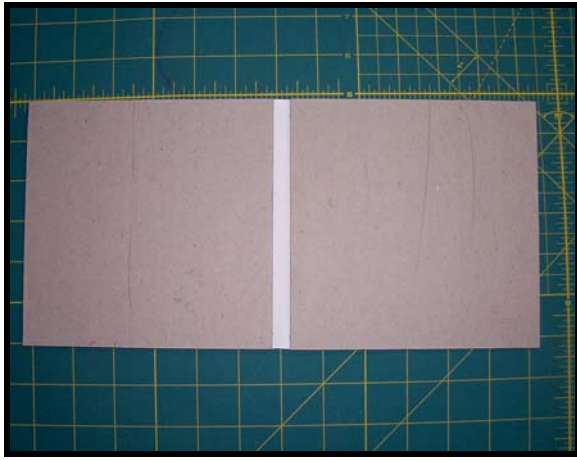
Let's get started:

Cut 2 pieces of board 6" x 6". This is the size I decided on for my folio. You can make your folio any size.

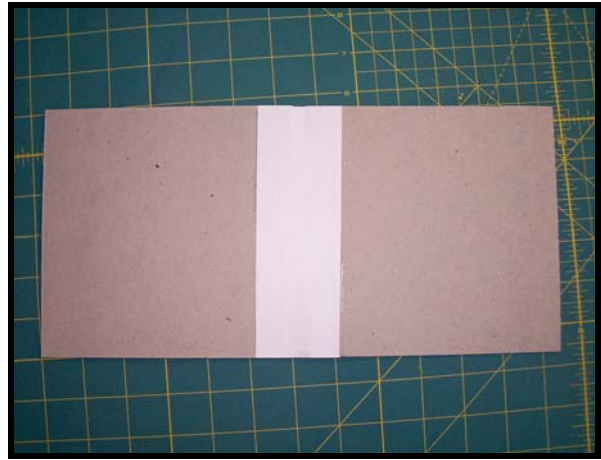
Cut a piece of bond paper approx. 2 1/2" x 6". Glue the paper to one board 1" in from the edge. Flip over and measure 1/2" from the board edge and make a mark at the top and bottom edge of the board on the paper. Glue the other board to the paper using the marks as a guide. You will have a 1/2" space between the boards.

Note: I find a drafters measuring tool to be handy for these types of measurements but a ruler will do just fine.

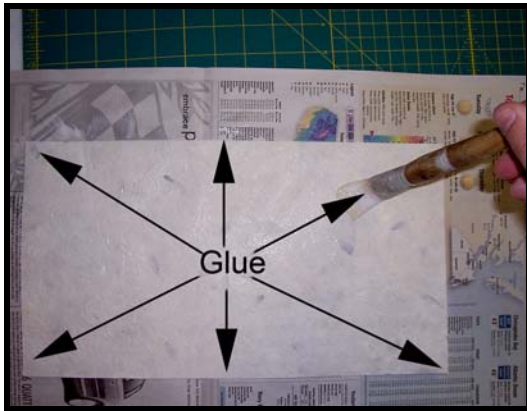




Front showing 1/2" space between boards



Back showing spacer paper



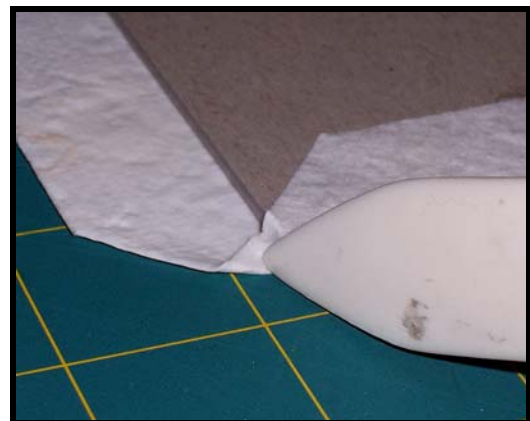
Next, measure the overall length and width of the boards and cut your cover material with 3/4" extra on each side. For this project I used decorative paper. My boards measured 12 1/2" x 6" so I cut my paper 7 1/2" x 14"

Lay paper wrong side up on some waste paper and, working quickly, apply glue. Make sure to brush from the center outward to avoid getting glue on the front of your material.

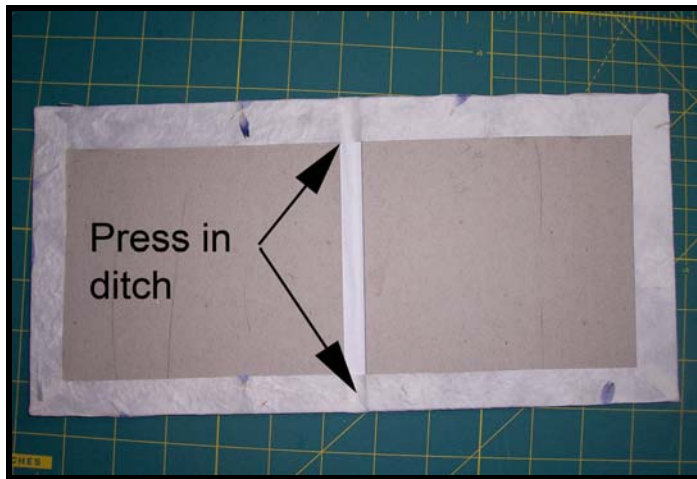
You can use straight PVA or white craft glue. I like to use a mixture of 1/2 PVA and 1/2 wheat paste (recipe on last page) The glue will setup slower allowing time to reposition the cover material if necessary. Carefully remove the waste paper and center the boards on the glued cover material and trim the corners leaving approx. 1/8" to 1/4" material between board edges and cut.



Fold long ends over first



Crimp corners before folding short ends



Smooth material out along edges and on front then press in at the ditch area on the inside at the top and bottom. Press gently if using paper so as not to tear it. You can use the flat edge of your bone folder to smooth the cover material.

Put cover between sheets of wax paper and put under weight for an hour or so to set glue. You can use a board and weights or a book press if you have one.



After glue has setup cut 2 pieces of ribbon approx 10". Mark center at sides and glue ribbon about 1" into boards.

Print photo onto desired paper or use plain paper. If using a photo I spray it with a fixative before applying. I use Lumijet or Workable Fixative. Cut to size about 1/4" smaller than board dimensions. My boards were 6" x 12" so I cut my photo 5 3/4" x 11 3/4". Apply adhesive to back of photo/paper and glue into place. Make sure to gently press into the ditch before pressing entire area. Be careful not to tear the paper in ditch. If you don't have a bone folder you can press with you fingers.



Put cover between sheets of wax paper and leave in book press or under a board and weight to dry overnight.
Once dry apply CD button.
A photo can be added to the cover if desired
That's it!



Wheat paste recipe:

2 cups water
1/2 cup unbleached flour

Put water in a sauce pan
Stir flour into water with a whisk if you have one
Let sit for a few mins.
Put pan on med/hi heat
Stir constantly until the mixture starts to boil
Let boil for 5 mins still stirring constantly
Take off of heat and transfer the paste to a plastic container
Let cool in a pan of cool water stirring occasionally
If the paste thickens too much during the cooling you can add a little water.
You want the consistency to be like heavy cream or thick gravy.
Will keep for about 2 days without refrigeration a few more with.
The paste/Sobo mix will keep about a week or so without refrigeration.

Supply Links:

CD Buttons:

http://www.uline.com/Browse_Listing_993.asp?desc=CD+Hubs
http://www.cddimensions.com/cd_dvd_packaging/buttons.asp
<http://www.infopkg.com/store.asp?pid=923>

Book Cloth/PVA: <http://talasonline.com/>

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